

SEPTEMBER 2023 BREAKFAST

LABOR DAY FACTS

The 1st Labor Day holiday was celebrated in New York City on TUESDAY, September 5, 1887

Oregon was the 1st State to pass a law recognizing Labor Day as an official holiday on February 21, 1887,

On June 28, 1894, President Grover Cleveland signed legislation to make Labor Day an annual federal holiday on the 1st Monday of September.

Monday	Tuesday	Wednesday	Thursday	Friday
				01 Frosted Flakes Honey Graham Apple Berry Juice
04 LABOR DAY 	05 Cinnamon Pop Tart Honey Graham Tropical Fruit Mix Orange Juice	06 Scooters Cereal Apple Cinn Graham Orange Fruit Punch Juice	07 Blueberry Muffin Pretzels Strawberries Pineapple Tidbits	08 Honey Graham Squares Vanilla Yogurt Pear Diced Peaches
11 Cocoa Puffs Cereal Bar Mozzarella Cheese Apple Orange Juice	12 Apple Muffin Straw-Banana Yogurt Pear Flavored Applesauce	13 Honey Scooters Honey Graham Orange Grape Juice	14 Strawberry Pop Tart Honey Graham Nectarine Tropical Fruit Mix	15 Cinnamon Toasters Choc Graham Cracker Banana Apple Juice
18 Cinnamon Toast Bar Orange Raisins	19 Banana Muffin Strawberry Yogurt Pineapple Tidbits Fruit Punch Juice	20 Apple Cinnamon Cheerios Vanilla Graham Cracker Flavored Applesauce Grape Juice	21 Donut Tropical Fruit Mix Honeydew	22 Frosted Flakes Cereal Honey Graham Apple Berry Juice
25 Raisin Bran French Toast Graham Apple Kiwi Strawberry Juice	26 Cinnamon Pop Tart Honey Graham Tropical Fruit Mix Orange Juice	27 Scooters Cereal Apple Cinnamon Graham Orange Fruit Punch Juice	28 Blueberry Muffin Pretzels Strawberries Pineapple Tidbits	29 Honey Graham Squares Vanilla Yogurt Pear Diced Peaches

BEX

MILK contains no artificial growth hormones or antibiotics

We use whole grain breads and 100% fruit juice

Nutrition and allergen information
available at www.FSPro.com

Milk is available with all meals
Menu items do not contain pork
+ Does not contain meat

