

# MAY 2022 LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <b>Mini Confetti Pancakes</b> Poultry Sausage  Tater Tots / Ketchup Fresh Fruit	<b>3</b> <b>Chicken Mashed Potato Bowl</b>  Steamed Broccoli Craisins	<b>4</b> <b>Cheeseburger</b> Ketchup  Steamed Carrots Flavored Applesauce	<b>5</b> <b>Soft Tacos</b> Taco Sauce  Refried Beans + Tossed Salad / Ranch Dressing 100% Fruit Juice	<b>6</b> <b>Cheesy Flatbread +</b>  Steamed Green Beans Fresh Fruit
<b>9</b> <b>Chicken Nuggets</b> Pretzel Rod / BBQ Sauce  Baked Beans + 100% Fruit Juice	<b>10</b> <b>All American Cheese Melt +</b>  French Fries / Ketchup Fresh Fruit	<b>11</b> <b>Nacho Combo</b> Tostito's Scoops  Steamed Mixed Vegetables Craisins	<b>12</b> <b>Chicken Parmesan with Spaghetti</b>  Steamed Carrots Fresh Fruit	<b>13</b> <b>Korean Meatballs</b> Brown Rice  Romaine Salad / French Dressing Fresh Grape Tomatoes Flavored Applesauce
<b>16</b> <b>Pizza Crunchers +</b>  Steamed Broccoli Fresh Fruit	<b>17</b> <b>Rotini with Meatballs</b>  Steamed Green Beans Fresh Fruit	<b>18</b> <b>Breaded Chicken Sandwich</b> BBQ Sauce  BBQ Black Beans Flavored Applesauce	<b>19</b> <b>Salisbury Steak with Gravy / Egg Noodles</b>  Sweet Golden Corn Fresh Fruit	<b>20</b> <b>Sloppy Joe on a Bun</b>  Sweet Potato Fries 100% Fruit Juice
<b>23</b> <b>BBQ Meatball Sub</b>  Steamed Green Beans Fresh Fruit	<b>24</b> <b>Cheesy Flatbread +</b>  Steamed Broccoli Craisins	<b>25</b> <b>Classic Hamburger</b> Ketchup  Baked Beans + Fresh Fruit	<b>26</b> <b>"PICNIC" LUNCH</b> <b>Turkey, Chicken Ham, &amp; Provolone Cheese on a Bun</b> Mustard  Potato Salad / Baby Carrots Fresh Fruit	<b>27</b> <b>Southwest Chicken &amp; Rice Bowl</b>  Steamed Carrots 100% Fruit Juice
<b>30</b> 	<b>31</b> <b>French Toast Sticks</b> Poultry Sausage  Tater Tots / Ketchup Fresh Fruit	<div style="background-color: #333; color: white; padding: 10px;"> <h2 style="text-align: center; margin: 0;">CHALLENGE OF THE MONTH: HOMEMADE SIDEWALK PAINT</h2> <div style="display: flex; justify-content: space-between; align-items: center;">  <div style="text-align: center;"> <p>Using water, cornstarch, and food coloring you can make your own sidewalk paint! Just mix equal parts water and cornstarch and then add the food coloring of your choice. Using a muffin tin as your painter's palette, you can mix up a variety of colors to make your own work of art outside.</p> </div>  </div> </div>		

### Did you know...

- We use heart healthy whole-grain breads and serve 100% fruit juice
  - Milk is available with all meals; Milk contains no artificial growth hormones or antibiotics
  - Nutrition and allergen information available at [www.FSPro.com](http://www.FSPro.com)
  - Menu items do not contain pork
  - + Item does not contain meat
- \*Menu Subject to Change\*

This institution is an equal opportunity provider.



Please visit us at [www.FSPro.com](http://www.FSPro.com)