

# FEBRUARY 2023 BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Random Act of Kindness Day: Feb 17th</b></p> <p>How will you celebrate?</p>		<p><b>1</b></p> <p><b>Cinni Minis</b></p> <p>Fresh Fruit Craisins</p>	<p><b>2</b></p> <p><b>Mini Cinnamon Creamy Cheese Bagel</b></p> <p>Fresh Fruit Fruit Cup</p>	<p><b>3</b></p> <p><b>Cheerios</b> Cheese Stick</p> <p>Fresh Fruit 100% Fruit Juice</p>
<p><b>6</b></p> <p><b>Banana Muffin</b> Cheese Stick</p> <p>Fresh Fruit 100% Fruit Juice</p>	<p><b>7</b></p> <p><b>Bagel</b> Cream Cheese</p> <p>Fresh Fruit Fruit Cup</p>	<p><b>8</b></p> <p><b>Rice Chex</b> String Cheese</p> <p>Applesauce Cup Fresh Fruit</p>	<p><b>9</b></p> <p><b>Banana Bread</b></p> <p>Fruit Cup 100% Fruit Juice</p>	<p><b>10</b></p> <p><b>Reduced Sugar Cinnamon Toast Crunch</b> Vanilla Yogurt</p> <p>Fresh Fruit Applesauce Cup</p>
<p><b>13</b></p> <p><b>Apple Cinnamon Muffin</b> Vanilla Yogurt</p> <p>Fresh Fruit 100% Fruit Juice</p>	<p><b>14</b></p> <p><b>Cinnamon Breakfast Round</b></p> <p>Fresh Fruit 100% Fruit Juice</p>	<p><b>15</b></p> <p><b>Golden Grahams</b> Vanilla Yogurt</p> <p>Fresh Fruit Fruit Cup</p>	<p><b>16</b></p> <p><b>Strawberry Belgian Waffle</b></p> <p>Fresh Fruit 100% Fruit Juice</p>	<p><b>17</b></p> <p><b>Lucky Charms</b> Cheese Stick</p> <p>Fresh Fruit Applesauce Cup</p>
<p><b>20</b></p> <p><b>Blueberry Muffin</b> Cheese Stick</p> <p>Fresh Fruit Applesauce Cup</p>	<p><b>21</b></p> <p><b>Pumpkin Bread</b></p> <p>Fruit Cup Fresh Fruit</p>	<p><b>22</b></p> <p><b>Cinni Minis</b></p> <p>Fresh Fruit 100% Fruit Juice</p>	<p><b>23</b></p> <p><b>Bagel</b> Grape Jelly</p> <p>Fresh Fruit Fruit Cup</p>	<p><b>24</b></p> <p><b>Frosted Flakes</b> Vanilla Yogurt</p> <p>Fresh Fruit 100% Fruit Juice</p>
<p><b>27</b></p> <p><b>Chocolate Muffin</b> Vanilla Yogurt</p> <p>Fresh Fruit Applesauce Cup</p>	<p><b>28</b></p> <p><b>Oatmeal Chocolate Chip Breakfast Round</b></p> <p>Fresh Fruit 100% Fruit Juice</p>	<p><b>Did you know...</b></p> <ul style="list-style-type: none"> <li>• We use heart healthy whole-grain breads and serve 100% fruit juice</li> <li>• Milk is available with all meals; Milk contains no artificial growth hormones or antibiotics</li> <li>• Nutrition and allergen information available at <a href="http://www.FSPro.com">www.FSPro.com</a></li> <li>• Menu items do not contain pork</li> <li>• + Item does not contain meat</li> </ul> <p style="text-align: right;">*Menu Subject to Change*</p>		

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